

The Villager

Newsletter and Calendar of Events for
Ananda Village, Nevada City, CA
www.anandavillage.org



Tonight

Thursday, June 2

7:30pm All - Community Mtg; Hansa

Friday, June 3

4:00pm Taking Orders for Pizza
at Master's Market

Saturday, June 4

6:00 - 9:00am Meditation,
Shrine of the Masters
5:30pm Preinitiation Meditation
6:00pm Kriya Initiation, Hansa

Sunday, June 5

Sunday Service, Expanding Light Temple
10:00am Purification
11:00am Sunday Service
Ministers: Bharat and Anandi
*Rays of the One Light: Why Do Devotees
Fall?*
Affirmation: Introspection
6:00pm-9:00pm Meditation,
Shrine of the Masters

Monday, June 6

9:00am School Track Meet (see right)
5:30-6:30pm Meditation, CH Chapel
6:00-9:00pm Lahiri Shrine Meditation

Tuesday, June 7

8:00am Villa Council, Villa Luce
Noon - Swami Video, EL Temple
5:15am - 6:30pm Lahiri Shrine Meditation
6:00pm K-6 LWS Choir Concert,
Community Center
No Choir Rehearsal

Wednesday, June 8

4:45pm Advanced Yoga, Expanding Light
5:15am - 6:30pm Meditation, Lahiri Shrine
5:30am - 6:30pm Market Serves Dinner
7:00pm 7 - 12th LWS Choir Concert, Hansa

Thursday, June 9

5:15pm - 6:30pm Meditation, Lahiri Shrine

Introspection

I am what I am; wishing cannot change me.
Let me therefore face my faults with gratitude,
for only by facing them can I work on them,
and change them.

by Swami Kriyananda
from *Affirmations for Self-Healing*

Tonight

All - Community Meeting
Thurs., June 2 7:30pm, Hansa Mandir

Please join us for this all-community meeting. We will be talking about Village finances, preparedness initiatives, and launching the Local Exchange Network. LEN is inspired by Swamiji urging us to become more economically self-sufficient. LEN is practical and useful right now – it stretches your dollars – but it also creates the basis for an alternative economy in the event of economic collapse. LEN is an online system that facilitates the exchange of members' goods and services. Unlike barter (where both parties must want what the other offers and exchange in roughly equal amounts), LEN members exchange services for credits (lennies) which can then be traded for the goods or services of any other member in the network. Membership is open to individuals and businesses. LEN is being launched in Seattle, Portland, Palo Alto, Sacramento, and the Village over the next few weeks. For more information go to: <http://www.localexchange-network.org/info/>. ***This meeting is for Village members only, please.***

Peter G., Latika, Purushotama

End of the Year Events
for Living Wisdom School
All Invited and Welcome!

Tuesday, June 7, 6:00pm,
K - 6 Concert, Community Center

Wednesday, June 8, 7:00pm,
7 - 12th Concert, Hansa Mandir

Friday, June 10
10:00am, Awards Day,
Hansa Mandir

June 2 - June 9
Dwapara 311

*Please continue to keep Swami
in your prayers, especially for the
next few days as he and his staff
travel to Assisi.*

School to Host Track Meet

This Monday, June 6, 9:00am

Monday, June 6, starting at 9am,
the school will host a track meet with
up to 125 students
from nearby schools
participating. Some
of the events will be
held in the eastern
portion of the Vil-
lage Center parking
lot, extending up



along the Almora fire road in front of
Incense Pond toward the Living With
Spirit campground. Between 9:45 and
10:30am, we will use Brotherhood Way
between the Village Center and Turtle
Pond, and Ayodhya Way to School Cir-
cle for the mile run. Please drive slowly
and watch for runners during that time.
Our school has regularly participated in
an annual track meet, but this is the first
time in many years we have hosted the
event. Please welcome our visitors and
excuse the temporary inconvenience.

Thanks for your support of Ananda's
Living Wisdom School
***P.S. The Market will be open as usual
for shopping and lunch. Please watch
for signs and drive carefully as you ap-
proach the areas noted above.***

Kriya Initiation

This Saturday

June 4

5:30pm Meditation

6:00pm Initiation

Hansa Mandir

Please leave a message for
the Kriya Ministry at 478-
7624 if you are planning to
attend.

**This initiation is for quali-
fied kriyabans only please.**

Visit our website: www.anandavillage.org

To access the Village calendar for events go to: www.tinyurl.com/villagecalendar

Residential Housing Coming Available

Villa Luce: (Julie Ross's) A single unit in the main house with upstairs loft, downstairs "mini-kitchen", shared bathrooms, living & dining spaces, meditation temple, and large kitchen.

Ananda Downtown: "Manzanita," An upstairs room in the house behind the Market, sharing kitchen and bathroom with Nakin and Gyandevi. Very inexpensive space.

Are you drawn to live in a spiritually supportive renunciate women's housing cluster? The Ayodhya cluster at Ananda Village has two upcoming vacancies:

Ayodhya: "Brother Leo", a three level, 1 - 2 bdrm/office, full bath & kitchen, with living and dining area. Could be shared.

Ayodhya: "Santa Maria", 1 bdrm, sitting room & loft, with shared bath. Lots of light and patio out back.

Call Lisa at (530) 478 - 7501 if you are interested in any of the above.

Events

Permaculture Work Parties

Saturdays, June 25 and July 23 8:30am- 12:30pm

Activities TBA

India Pilgrims Coming Soon!

June 12 - 20

Watch for Details in Next Villager



Information for Seniors If you are over 60 and have low income, you may qualify for the CAL FRESH program. In the past there were limits on assets that someone could have before receiving benefits. The state of California has removed those limits for people over 60.

You can call 265-1340 for more information or e-mail dss@co.nevada.ca.us. That is our local office of Social Services. If you feel like you need help, call me, Sahaja at 478-7637.

Visitors Studying Community

We are having more and more people coming to talk to us about starting their own communities. We have a couple arriving on June 6th, leaving on the 8th, who would like to be able to stay at someone's home (and have their meals at the EL or Market). They met and were sent here by Clarity West. First, do you have space for two guests for two nights? If so, please call Sajani at 7002.

Next, would you like to be on a list of people who will host those coming to learn about building community? This won't necessarily entail having people as houseguests, but it would involve giving a tour of the community and talking about life at Ananda, how it started, and how it works.

Please let Lisa P. know if you would enjoy doing this. As Swamiji keeps saying, we don't have to inspire people to create other Ananda communities, but we have a great deal to offer others who want to start many types of communities, from our experience and our example.

New Phone Lists are Here

We will put one phone list in your mail box for every phone you use and have listed on our Village phone list (excluding cell phones). You'll get one list for your home phone, and if you have a business phone number on our list you'll get one to have near that phone as well. If you need more and are a Village dues paying member, you may buy another for 25 cents. This includes those contributing members living nearby and in town. Folks from the other colonies can receive a phone list by email, or buy a printed copy for \$1.00.

Bear Sighting

A medium size black bear (light tan color) was sighted recently at 7:00pm on Brotherhood Way just past Kailash Circle. Bear droppings were also found on the school road near the chickens. With a bear active in the area, we need to do everything we can to prevent it from finding human food sources.

If you see the bear, try to scare it by making noise and waving your arms or throwing things at it. Make sure all pet food, including cat food and bird seed, is not left outside in a place that a bear could access.

Keep all trash secure. Food scraps should be dropped off at the compost area only on Wednesdays and Saturdays and we will be sure the bins are emptied that day. If you want to bring scraps down other days, they can be dumped directly into the chicken coop from the wooden pier accessed from the gate off the garden road. (Questions, call Peter C.)

Do not throw food scraps in the fire breaks. Once a bear loses its fear of humans and begins to associate them with food, it usually starts causing damage and ends up being killed. Report bear sightings by leaving a message at 7639.

Pool

We need a core of people to take care of the pool. If you are interested in serving this way we will train you. Call Peter G. or Tim C. if you can help.

Villager deadline: Tuesdays 1:00pm thevillager@ananda.org; Box #83 Ananda Village
check out the new Joyful Arts website: www.anandajoyfularts.com

Banyan House is Available for Families and Summer Guests at Ananda Village from June 17 to August 24.

We try to give first priority to families with children who wish to participate in any programs at Ananda Village or the Expanding Light, as this is the only Village guest housing for families. This summer, we have several summer camps for kids. For information or to make a reservation, contact us by e-mail at: Banyanhouse108@gmail.com or call Marga at the Village Office at 530-478-7500, ext. 7004.



Meditation Retreat Workday
Ruth and Prakash

Dear Family

From Dhuti

I will be taking a trip to Assisi for most of June, maybe longer. It has seemed like a good idea to me to do this now, and Swamiji thought so, too. I flew to Providence last Saturday to visit my 93 year old mother for a few days before flying to Rome on June 2nd. I will be helping in the kitchen, and wherever else is needed, as this is a busy time with Swamiji there.

Marian Taylor will be moving into my house for a few months when she comes back to the Village mid-June. I have a flight back the end of June, but if Divine Mother wants me to stay in Assisi for longer, I am open to that.

Thank you for your love and friendship, What a blessing to have such a large, supportive family of gurubhais!

Blessings and love, Dhuti

See Ramesha (the Maestro) in Action

I want to let you know of a wonderful service Ramesha is providing for singers.

Go to his website, <http://www.livevoicelessons.com/> and look over at the right where it says FREE voice coaching session every Thursday at 4:00 PDT. Click on that, you'll see where he has a LIVE online voice lesson every week, 15 minutes long. Now, look below that main video window, and you'll see recorded videos of all those lessons to date. The newest ones are on the left; click the right-arrow if you want to view from the beginning.

I've enjoying these very much! I find myself enthused about singing in a way that's more relaxed, rich and avoids vocal strain.

Ramesha also offers personal, online voice coaching sessions via Skype (I learned how, you can too), once a week (typically), 45 minutes long each, for very reasonable rates. If interested, you can get a free 20 minute introductory lesson by clicking the box in the upper right that says "Sign up for a FREE VOICE LESSON."

Joy! Dambara

Can You Offer a Ride?

Dear Family,

Fridays, Gyandevi has a painting class at Ben Franklin, from 10 am to noon. She is not driving outside the community any longer so she needs our help to go to her class, and perhaps run a couple of errands. She needs to be picked up at 9am at her house and picked up at noon at Ben Franklin. You can use the time in between to do your own errands and either return back to the Village at noon, or if you have some time, help her with a couple errands and a snack. Please call Marga if you can help, until June 13th. She will be leaving for Europe for a month, and Penelope Sullivan will then take over helping Gyandevi find some help she needs, including rides to town. Thank you for reaching out to help Gyandevi continue to enrich her life in ways that are meaningful to her, and to be safe. Lisa

Ananda Farm Spring Update

This season we have the help of 3 wonderful apprentices: Stefan, Claire, and Hannah, and one new staff member, Christian. All are living at Inspiration House.

We have been focusing on a number of infrastructure projects. Already we have completed two new water lines, one on the farm proper and one to the Permaculture area, which will greatly facilitate irrigation.

We have added 100 more comfrey plants to our "patch." Comfrey is a great source of "green manure" because it breaks down so readily when applied directly to the soil. Some of you "old timers" might remember that we used to have about 3/4 acre or so of these plants.

Currently we are:

- Producing kale, lettuce heads and micro greens. These will appear at Master's Market in another week. Already at Master's Market is looseleaf lettuce/greens mix, and dried heirloom tomatoes.

- "Thinning" the apple crop which should enlarge the fruit and perhaps secure a crop for next year. These trees have been in a cycle of alternating bearing years.

We are poised to put up a second greenhouse and are awaiting clearance for a site. A space for winter squash storage and grain storage is currently being remodeled next to Master's Market. If you need advice with your personal gardens please let us know. Love, Maria and Ananta, Claire, Stafan, Christian and Hannah.

For Sale

White Ikea daybed frame for twin bed, 1 yr old, great condition, \$50. Call Avital x2382.

Found

Small sterling child sized ring - a circle of hearts. Found on sidewalk in front of Market parking area. Claim at Village Office.

Healing

Sacred Card Readings: special for May, \$25. With joy, Lakshmi 7677

Mobile Massage Services Swedish, Deep Tissue, Shiatsu, Reflexology, Sports, Aromatherapy, Back Massage, Gift Certificates....Premdas Ghirla, CMT 530-470-2391

NOT

Lost or Found

Animal Miracles Did you loan me this book? I'm finished with it and would love to give it back to you! Lisa P. 478 - 7501

Wanted

Inspiration House looking for 2 comfy reading chairs in good condition. 478 -7622.

National Geographic and Nature Magazines: to use for art projects at the Expanding Light. Thanks in advance! Mantradevi, box 12.

Stationary Bike I need one for a period of time as part of my rehab. Do you have one to borrow, rent, or buy? Call Lisa P. 478 -7660.

Seeking health adventurer, to mountain bike, hike, fitness room! 1 x week, 1 x month? Voice mail 2334.

Therapeutic Massage

*Cranio Sacral, lymphatic drainage, reflexology
Sliding Scale*



Gift Certificates Available
Marjorie (Virya) McDougal, LMP,
478-7785



Cris and Badri confer
Meditation Retreat Seva Day

Long Range Calendar

June

12 - 20 Pilgrims from India visit
16 Satsang w/Indian Pilgrims
19 Father's Day
25 Permaculture Work Party
28 - July 2 Nature & The Arts Summer Day Camp

July

1 - 4 Ananda's Anniversary Weekend
3 Sevaka Retreat
4 July 4th Summer Fun Event
5 Village Council
23 Permaculture Work Party
24 - 30 Family Camp at Med. Retreat
31 - August 7 Living w/Spirit #1

August

2 Village Council
7 - 14 Living with Spirit #2
14 - 21 Living with Spirit #3
14 - 21 SRW
19 Kriya Initiation

September

2 - 5 Ananda Laurelwood Dedication
5 Labor Day
12 Swami's Spiritual Anniversary
16 - 18 Maha Yard Sale

Crystal Hermtage Guest House Is Now Available

Thanks to Sraddha's decorating and design, the Guest House is more beautiful than ever! The price for community members is \$40 per night plus a \$30 cleaning fee. We hope you can take advantage of this uplifting space for seclusion, retreat or even a small vacation! Call Lalita for reservations or information,
478-7587

Looking to move to Santa Rosa?

Ananda Center has a sunny and spacious 1 br/studio available July 1st. Ideal for single person, we meet bi-monthly for services. Cost is \$795, located in great neighborhood, walk to SRJC and downtown, includes PG&E, water, cable/hi-speed internet, garbage, tenant parking, laundry facilities, and yoga classes (if desired). \$800 deposit, located on second floor, above yoga studio, non-smoker, please. Hoping to energize the center with a devotee; if interested call (707) 529-6965 or email Livingtreeyoga1@aol.com. For pictures of studio see www.santarosayoga.org; we can e-mail you pics of studio/apt.

Vacation trade/swap

Hoping to spend time at Ananda this summer. Time intervals can be from 3 days to 2 weeks, June 21-August 21st. We have a 1 bedroom, 2 bath home connected directly to Ananda center/yoga studio in Santa Rosa. If interested please call (707) 529-6965 or email Livingtreeyoga1@aol.com. We can send pictures.

Wonderful Seclusion Spot

Home available for rent to devotee at Ananda Village. Dates are June 12 - 24th. 1 bedroom and office, no pets, \$25.00 per night. Call Sahaja if interested; 478-7659

Enjoy fresh baked scones!

1/2 dozen scones for \$10. From our freezer to yours! Includes cooking directions and frosting recipe.
Call Lalita at 478-7587

Happy Birthday



June



2 Gyandev McCord
3 Neal Sullivan
Peony Lee c
Scott Roberts
5 Ben Skillman c
Daiva Glazzard
Devaki Soupios
Lalaan Hickey
6 Jack Gladding
8 Chaitanya (Patrick) Mahoney
9 Melody Veenhof
Vidura Smallen